



Health, Wealth and Happiness

Sponsored by Game of Actual Life



Overview: An activity that promotes sharing, caring and self-expression.

Time: 10 minutes

Equipment required: Class board and dry wipe markers

Benefits:

- Encourages positive, clear communication between children.
- Helps children assess what's really important in their lives.
- Gives children the chance to know their peers a little better and appreciate their similarities.

What's important?

1. Ask three children to share with the class what is important in their lives. This can be anything from "friends" to "chips".
2. Split the class into pairs and invite each pair to share with each other the things that are important to themselves.
3. Encourage them to ask each other questions and see how many things they agree on.

Health, Wealth and Happiness:

1. Write the words Health, Wealth and Happiness on the class board.
2. Ask some of the children to put them in order of importance - does the rest of the class agree?
3. Invite children to use a "because" sentence to explain their opinions.
4. Wipe out the words and rewrite them in order, listing a few of the reasons next to each one.