

# EASTER EGG-STRAVAGANZA!

**Welcome to your fun-filled Easter** activity book! We hope it brings you lots of enjoyment over the school holidays, and beyond!

#### EASTER EGG HUNT

Where: Right here! When: Right now!

Let's start things off with a good old fashioned Easter Egg Hunt!

Just like last year, hidden within the pages of this booklet are mini Premier **Education Easter Eggs that** need finding!

But how many are there? That's for you to figure out!

Once you've found them all, let us know. Ask a parent/ guardian to message us on socials, or send a postcard to our head office. All contact details are on the back of this booklet.

Simply send us your name, age (and contact details if sending a postcard) and how



many eggs you've found! The winners will be contacted directly. All entries must reach us by 1st June 2024. Winners will be contacted by 9th June 2024.

We have three pairs of fitness dice to give away to the lucky winners!







#### PREMIER HOLIDAY CAMPS

Where: 200+ venues across England

When: School holidays

Premier Holiday Camps are back and better than ever!

With a range of exciting activities every day of the school holidays, there's something to suit everyone.

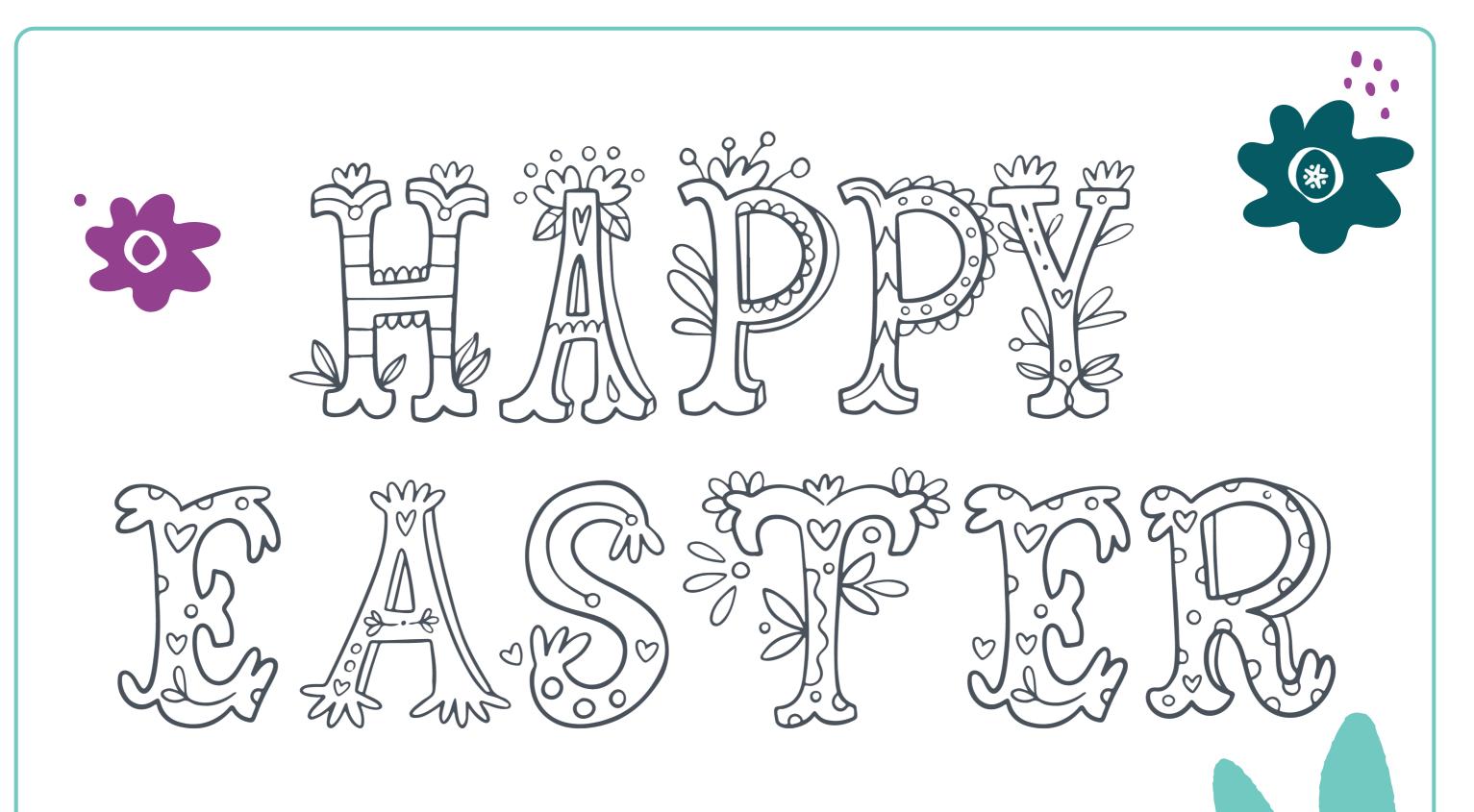
Our Holiday Camps are designed to help kids get active, introduce them to

new and exciting activities, and create a fun-filled experience they will remember forever.

Kids will be entertained, safe and on the move during the school holidays.

SCAN HERE TO DISCOVER OUR CAMPS





# EASTER COL&URING

Time to decorate an Easter greeting!

# DIY EASTER PAPER WREATH

Make a quick Easter paper wreath by colouring in these templates.

**1.** Colour in the templates provided.

**2.** Carefully cut out the templates.

**3.** Cut the middle out of a paper plate.

**4.** Stick your coloured Easter templates to the 'plate wreath'.

**5.** Attach a piece of ribbon in a loop to the top of the wreath so that you can hang it up.





# EASTER HOLIDAYS FITNESS CHALLENGE

Our Easter Fitness Challenge is back with some new exercises. Follow along with our Easter fitness challenge and track your progress as you go!

Complete each activity below for one minute, with a twenty second break inbetween.

You can repeat if you wish, but you must complete one full round of exercises to colour in each of the five spaces allocated for the 12 days of the challenge!

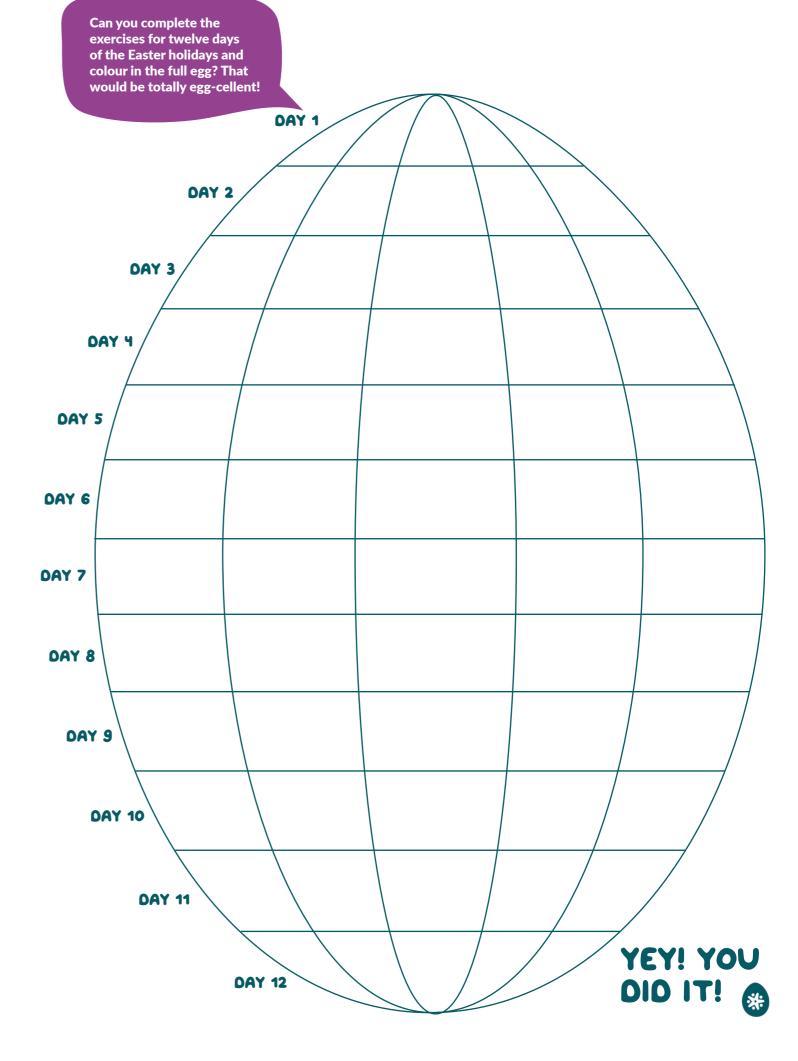
EXERCISE 1. HOP LIKE A CHICK (RIGHT LEG)

**EXERCISE 2. PLANK LIKE A CHOCOLATE BAR** 

EXERCISE 3. HOPS ON THE SPOT (LEGS TOGETHER)

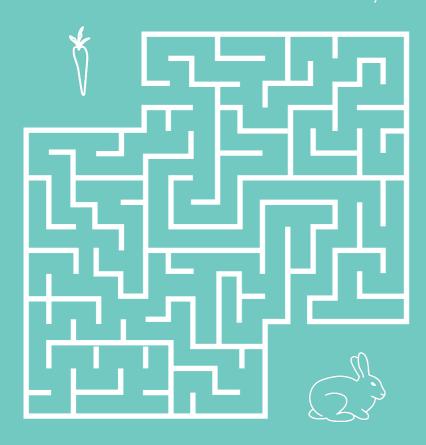
EXERCISE 4. HOP LIKE A CHICK (LEFT LEG)

EXERCISE 5. JUMP SQUATS



# BRAIN GAMES!

Can you find your way through the maze and get the carrot back to the bunny?



## EASTER SCRAMBLE

**NUBNY TWEESS** COCHTELAO **YADIHOL** DOOG DRYFIA =

## WORDSEARCH



**BUNNY** 

JUST KIDDING!

What do you call a **Transformer bunny?** 

Hop-timus Prime!

What did the one easter egg say to the other?

CHOCOLATE LOVE \*

HUNT

Heard any good yolks lately?

**How does the Easter** Bunny stay in shape?

Eggs-ercise!



# RECYCLED CRAFTING

A calming and creative activity for a wet spring day!



Sometimes, a relaxing and crafty day is just what we need. Paper beads are a great way to recycle and reuse old magazines, leaflets or even easter egg boxes that are lying around and you'll be guaranteed a one-of-a-kind creation at the end. Let's go...

#### **TEMPLATES**

Try and make each cutout at least 2cm wide x 25cm long





WHAT TO DO ...



#### WHAT YOU WILL NEED

- old magazines/wrapping paper
- straws or wooden skewers
- string or elastic cord
- **1.** Using the templates above as a guide, cut out a selection of pieces of paper for your beads. You could do them all the same for a more uniform look, or mix it up a bit from something even more unique!
- **2.** Take one of your cut pieces of paper and cover the side facing you with glue, leaving the top 2cm unglued. Wrapping the unglued end around the straw first will ensure your bead doesn't stick.
- **3.** Continue wrapping the now gluey paper around the straw/skewer until all the paper piece is wrapped.
- Repeat. Try and fit as many beads on the straw/skewer as you can so as not to waste supplies. Set aside and allow to fully dry. (#tip, you may want to balance the ends of your straw on cups or another raised object so that the beads don't stick to your work surface.)
- 5. Once dry, slide the beads off the straw.
- **5.** Take a piece of string (great for necklaces) or elastic cord (better for stretchy bracelets) and thread your beads. Once you get to your desired length, secure with a knot.



HOP INTO THE KITCHEN

Have some fun with food and put an Easter twist on some family favourites!

Easter doesn't have to just be a chocolate-fest. You can switch up some daily food staples and give them a bit Easter flair, just like with the porridge and sandwiches on this page.

> Did you know?... Porridge is a great way to start the day. It releases energy slowly, so you'll be less likely to snack before lunch.

### EASTER EGG PORRIDGE

#### YOU WILL NEED:

- 1 cup porridge oats
- 2 cups milk, 1 cup water
- Banana slices and chocolate chips (optional)
- 2 tbsp cocoa powder
- Maple syrup to taste
- 1. Heat oats, milk, water and cocoa powder in a pot. Bring to the boil and stir continuously until everything is combined and the mix starts to thicken.
- 2. Reduce the heat and simmer for 3-4 minutes.
- **3.** Serve in a bowl with come chopped banana on top (and some chocolate chips if you really need to!)
- **4.** Add some natural sweetness if needed with some maple syrup.



## MINI NESTS

- 100g plain flour
- 100g castor sugar
- 100g butter
- 2tsp baking powder
- 1tbsp hot chocolate powder
- chocolate buttercream icing mix
- Mini egg chocolates
- 1. Preheat the oven to 180 °C.
- 2. Mix the caster sugar and butter together until soft and fluffy. You may need a mixer to help with this, or a parent with a lot of stamina!
- **3.** Add the flour and baking powder. Mix well. Then add the hot chocolate powder.
- **Y.** Prepare a cupcake /muffin tin with cupcake liners (recipe makes 12). Spoon mixture into each liner evenly.
- **5.** Place in the centre of the oven for 12-15 minutes.
- **6.** Allow to fully cool before decorating. Spoon buttercream icing into an icing bag and squeeze onto the top of the cupcake in large stringy circles to look like a nest!
- **6.** Add mini eggs into the centre of your nest. Share and enjoy!







# SHARE THE JOY

We'd love to know how you got on with these activities! Ask a parent or guardian to tag us on socials with your Easter fun!



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### REFER A FRIEND

We hope you've enjoyed your Easter Activity Book, inspired by all the fun of our Holiday Camps. If you have, why not give a friend 20% off their first booking and receive 20% off your next Holiday Camp booking as a reward!



### EARLY BIRD DISCOUNT

Use code EARLYSUMMER10 for all Summer Holiday Camp bookings until 10th June 2024 and save 10%.

